

3. This mouth-watering dessert made of ice cream, layered with fruit and syrup, is often served in a tall glass.
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4. This soft and creamy traditional Italian dessert is made of sponge cake dipped in espresso and layered with mascarpone, chocolate, and sugar.
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5. This hearty and sweet-layered pastry with a fruit filling inside is typical to Austrian cuisine.
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6. It is a traditional French dessert that has a vanilla-flavoured custard base. It is chilled in special dishes, with sugar sprinkled on top, and then caramelized just before serving.
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7. This rich Indian dessert is made by boiling rice with milk and sugar and is garnished with cardamom, raisins, saffron, pistachios, and almonds.
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8. This smooth and creamy caramel-like sauce from Latin America is also known as 'sweet from milk'. You can have it with anything—from cookies or ice cream to cakes and candies.
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9. In this oven-baked custard, caramelized sugar is poured into a vessel to coat the bottom, and a vanilla-flavoured custard is poured on top.
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10. In Poland, this popular cake is made from fresh cheese known as twarog. Sometimes, potatoes are added to it.
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11. These traditional Japanese bite-sized sweets are made with rice cakes, called mochi, adzuki bean paste, and fruits. The paste is moulded into various attractive fruit shapes.
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12. A popular dessert in Greece and the Middle East, it has layers of pastry filled with a nut mixture.
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wagashi	baklava	sorbet	crème brûlée	tiramisu	sernik
strudel	kheer	parfait	macaroons	flan	dulce de leche



Traditionally, dessert is the dish that ends a perfect meal. The term dessert has been derived from an old French term *desservir*, which means clear the table. Mostly, desserts are sweet dishes. In some countries, fruit or cheese are also served as dessert. Since desserts are usually high in calories, it is always good to have them in moderation.

Yummy!!
All the good
things are here!

